



Fruit of Forgiveness Ministry Series on Unforgiveness in Your Life

Forgiveness isn't something we do for others. We do it so we can get well and move on ~ Unknown

Join us in the next several months as we explore the impact of unforgiveness on our physical body; our emotional health and behavior; our relationships with ourselves and others and the harm it can cause in a marriage. Along the way, discover what the Bible describes forgiveness truly is and the changes you can make to be free of the bondage of unforgiveness and the negative impact it has on your life.



July 23, 2016 – Adams Pointe Conference Center, Blue Springs, MO 1pm-4pm

Unforgiveness and the Physical Body – Rosie Hill and Brian Johnson will demonstrate how our body is impacted by our emotions (anger, hurt, bitterness), ways that our brain and body are designed to process those emotions and how we can become happier and healthier when dealing with stress, anger, hurt and bitterness.



August 2016 – Visit www.fruitofforgiveness.org or Facebook for date/times and location

Unforgiveness is Destroying Your Life Emotionally – Join Licensed Professional Mental Health Counselor, Stacey Watson as she shows how our emotions can be a powerful influence over our thoughts, behaviors and overall mental health. Stacey will provide us with tools to identify the various forms unforgiveness can take within emotions and introduce us to ways we can facilitate emotional healing and the freedom that comes with true, biblical forgiveness.



September 2016 – Visit www.fruitofforgiveness.org or Facebook for date/times and location

Unforgiveness in Your Relationships with Yourself and Others – Unforgiveness can damage your relationships and Janet Cross will introduce us to the potential of “Forgiving Self-Forgiving Others.” Janet will lead us in examining the truth that forgiveness is not about holding on, but about letting go; our lives should not be defined by what we have suffered or from whom. Learn what the Bible says forgiveness is and how to truly forgive yourself and those around you.



October, 2016 - Visit www.fruitofforgiveness.org or Facebook for date/times and location

Unforgiveness and its Impact on Marriage - Explore with Pastor Dave Hill the myths and “musts” in a biblical marriage and how forgiveness is achievable when we learn to give up unhealthy anger that manifests itself in bitterness, revenge, rage or even the silent treatment. It is possible to rebuild a damaged marriage relationship, or improve your relationship with an ex-spouse and this workshop will challenge you to make a commitment to work through the issues.



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